



CEDARS-SINAI®

COMMUNITY BENEFIT UPDATE AND PLAN

2017

Submitted to:

**The Office of Statewide Health Planning and Development
Healthcare Information Division
Accounting and Reporting Systems Section
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President's Message

Since our beginning more than a century ago, a passion for helping others has been at the foundation of everything we do at Cedars-Sinai. We were founded by compassionate individuals who saw a need to provide a hospital to a vulnerable population. Cedars-Sinai continues to improve the lives of vulnerable communities today.

Cedars-Sinai's mission, as a nonprofit independent healthcare organization, is the commitment to:

- Leadership and excellence in delivering quality healthcare services
- Expanding the horizons of medical knowledge through biomedical research
- Educating and training physicians and other healthcare professionals
- Striving to improve the health status of our community

Through thousands of activities encountering over 200,000 people annually, Cedars-Sinai is active in improving community health. Examples of Cedars-Sinai's key community benefit commitments include:

- Deep partnerships to help build capacities at safety net clinics, increasing access to care to indigent patients most in need.
- The provision of direct medical care to populations in need
- Mobile medical units providing primary and preventive care to vulnerable children and their families
- Immunization programs
- Health screenings for early diagnosis and referral
- Preventive health education
- Extensive obesity prevention services and education
- School-based mental health services
- A wide variety of wellness programs for older adults, and

The people at Cedars-Sinai are dedicated to bringing life-changing care that not only strengthens our neighborhoods, but also strengthens the families and people in those neighborhoods. This ***Community Benefit Update and Plan 2017*** reflects Cedars-Sinai's dedication and leadership in improving the health of our community, in collaboration with our key partners. Thank you for the opportunity to share our accomplishments from this past year and our plans for 2018.



Thomas M. Priselac
President and CEO
Cedars-Sinai Health System

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I. ABOUT CEDARS-SINAI

Cedars-Sinai's role as a nonprofit academic medical center encompasses a breadth of community benefit activities that reflect a longstanding commitment to helping those in greatest need.

Cedars-Sinai spent \$ 797,942,000 in FY 2017 on programs and services that increase access to medical care for individuals and families who live in poverty, are uninsured or underinsured, enabling people of all ages to lead healthier lives.

Cedars-Sinai provides a complete spectrum of medical services and is considered one of the leading specialty referral centers for the region. In addition to inpatient care in all major specialties, Cedars-Sinai offers a broad range of services to meet patient needs along the continuum of care. Cedars-Sinai's Emergency Department, designated as a Los Angeles County Level 1 Trauma Center, is one of the few remaining hospital trauma centers in the region and is therefore of great importance to the community. In fiscal year 2017, Cedars-Sinai counted over 133,000 hospital-based patient discharges – both inpatient and outpatient - for individuals who receive care through Medi-Cal (California's Medicaid insurance program) or through dual eligibility, that is, insurance that deems individuals eligible for both Medicare and Medi-Cal. Twenty-eight percent of Cedars-Sinai's Medicare population are dual eligible for both Medicare and Medi-Cal.

Community benefit includes the unreimbursed cost of caring for Medi-Cal and Medicare patients; hundreds of free community education and medical screening and immunization programs that address major health issues such as heart disease, type 2 diabetes and obesity; research focused on advancing population health and improving healthcare delivery; and training that helps alleviate the nation's shortage of healthcare professionals.

Cedars-Sinai is one of the largest nonprofit academic medical centers in the U.S., with 886 licensed beds, over 2,000 physicians on medical staff, more than 2,700 nurses and thousands of other healthcare professionals, staff and volunteers. In addition, Cedars-Sinai serves the community through a medical network committed to seamless coordination of patient care between primary and specialty physicians. Marina Del Rey Hospital was acquired by Cedars-Sinai and converted to nonprofit status retroactive to September 1, 2015. Now in its second year, Cedars-Sinai Marina del Rey Hospital is submitting a separate Community Benefit and Update and Plan to OSHPD in November 2017. Data from Marina Del Rey Hospital is excluded from this report.

Education at Cedars-Sinai encompasses 15 highly competitive medical residency programs, as well as over 74 fellowship programs in a wide range of specialty, subspecialty areas, and graduate research education programs that combine scientific and translational medicine curricula with mentoring by researchers and clinicians. We also provide advanced research training for postdoctoral scientists, programs that enable nurses to develop specialized skills and advance in their careers, and training for allied health professionals such as clinical laboratory scientists. Learning takes place in the most advanced facilities in the world with state-of-the-art simulation and training equipment and the latest medical technology. Medical residency programs include:

- anesthesiology
- dentistry
- general surgery
- internal medicine and primary care
- neurology
- neurosurgery
- obstetrics and gynecology
- orthopaedic surgery
- pathology and laboratory medicine
- pharmacy
- radiation oncology
- radiology
- urology

As a global leader in medical research and care, Cedars-Sinai generates lifesaving discoveries that benefit patients suffering from heart disease, brain disorders, cancer and innumerable other conditions. Cedars-Sinai also pioneers research that improves the quality, safety and efficiency of healthcare delivery. The more than 1,500 research projects currently underway encompass basic, translational, clinical and health services research. Scientific leaps forward include using cardiac stem cells to repair damaged hearts, developing a vaccine to fight the most aggressive malignant brain tumors and developing more effective anti-cancer drugs aimed at specific molecular targets.

Cedars-Sinai is ranked nationally in 12 specialties and has been named to the "Honor Roll" in U.S. News & World Report's "Best Hospitals 2017-18."

II. ORGANIZATIONAL COMMITMENT

The clearest demonstration of Cedars-Sinai's commitment to its community is the involvement and dedication of the Board, Executive Management, physicians and staff in community benefit. Community benefit activities are delivered throughout Cedars-Sinai departments, with many specialists contributing their expertise in specific areas.

The Cedars-Sinai Board of Directors provides organizational leadership in fostering Cedars-Sinai's commitment to community benefit. Cedars-Sinai's Community Benefit Committee – a standing committee of the Board of Directors – functions as an oversight and policy-making body for Cedars-Sinai's community benefit commitments, efforts and strategic alignment with community needs. Community Benefit Committee members meet quarterly to review the status and progress of Cedars-Sinai's community benefit services, programs and activities. Additionally, Community Benefit Committee members assure organizational compliance with relevant community benefit legislation. The Community Benefit Committee is chaired by a member of the Board of Directors. Its membership is made up of Directors, as well as members of the Cedars-Sinai Board of Governors.

Cedars-Sinai's commitment to improve the health of the community – the fourth leg of Cedars-Sinai's mission – has been fully integrated into the governance, executive management and system-wide goals of the organization. Senior management plays a key leadership role in supporting community benefit and allocates significant human and financial resources to this end. The following community benefit oversight responsibilities within the organization are as follows:

Executive Committee of the Board of Directors

- Reviewing and approving the Community Benefit Update and Plan annually
- Reviewing and approving the Community Health Needs Assessment and Implementation Strategy every three years

Community Benefit Committee (Board Committee)

- Engage in Ongoing Committee Education
- Approve Legally Required Community Benefit Documents
- Affirm Community Benefit Priorities
- Advise on Community Benefit Systems and Processes
- Advise on Community Benefit Program Evaluations

III. CEDARS-SINAI'S COMMUNITY

As a leading nonprofit academic medical center, Cedars-Sinai serves patients from the local community as well as from throughout the nation and the world. Most patients come from Southern California, within approximately 10 miles of the Medical Center. The population characteristics below describe Cedars-Sinai's Community Benefit Service Area. The Community Benefit Service Area includes large portions of Service Planning Areas (SPAs) 4 (Metro), 5 (West) and 6 (South), and a smaller portion of SPA 8 (South Bay) in Los Angeles County. The Community Benefit Service Area includes 52 zip codes, representing 25 cities or neighborhoods. To determine the Community Benefit Service Area, Cedars-Sinai takes into account the zip codes of inpatients discharged from the hospital; community need based on the Community Health Needs Assessment process; and long-standing community programs and partnerships.

Population Characteristics

Data Source: Claritas updated January 2016

Population Characteristics	Cedars-Sinai Community Benefit Service Area (current)	Los Angeles County (current)
Total Population	Number of Persons	
	1,844,916	10,237,502
Race	Percent	
White	39%	49%
Black/African American	18%	8%
Asian	10%	14%
Native Hawaiian/Pacific Islander	0.1%	0.3%
American Indian/Alaskan Native	0.8%	0.8%
Some Other Race	27%	22%
2+ Races	5%	5%
Ethnicity	Percent	
Hisp/Lat	50%	49%
Not Hisp/Lat	50%	51%
Age	Percent	
Less than 18 years	23%	23%
18+	77%	77%
25+	67%	67%
65+	11%	13%
Socioeconomic Status	Percent	
Families living below poverty line	24%	15%
Families with children, living below poverty line	19%	12%

IV. COMMUNITY HEALTH NEEDS ASSESSMENT - CHNA 2016

Cedars-Sinai conducted a state and federally-mandated Community Health Needs Assessment (CHNA). This legislation requires hospitals to assess and prioritize the health needs of the communities they serve; and develop plans and implementation strategies to address health focus areas. The most recent CHNA was completed in 2016. The data below is a summary of Cedars-Sinai's 2016 CHNA.

Community Benefit Service Area: CHNA 2016

Cedars-Sinai is located at 8700 Beverly Boulevard, Los Angeles, California 90048. The Community Benefit Service Area includes large portions of Los Angeles County Service Planning Areas (SPAs) 4 (Metro), 5 (West) and 6 (South), and a smaller portion of SPA 8 (South Bay). The Community Benefit Service Area includes 52 zip codes, representing 25 cities or communities.

Data Collection: CHNA 2016

Secondary Data Collection

Secondary data were collected from a variety of local, county, and state sources to present community demographics, social and economic factors, health care access, birth characteristics, leading causes of death, chronic disease, health behaviors, mental health and substance abuse and preventive practices. Analyses were conducted at the most local level possible for the Community Benefit Service Area, given the availability of the data.

Sources of data include Nielsen Claritas accessed through the Healthy Communities Institute, the U.S. Census American Community Survey, the California Health Interview Survey, the California Department of Public Health, the California Employment Development Department, the Los Angeles County Health Survey, the Los Angeles Homeless Services Authority, the Uniform Data System, the National Cancer Institute, the California Department of Education, and others. When pertinent, these data sets are presented in the context of Los Angeles County and California State, framing the scope of an issue as it relates to the broader community.

Primary Data Collection

Targeted interviews were used to gather information and opinions from persons who represent the broad interests of the community served by the hospital. Given shared service areas, Cedars-Sinai partnered with UCLA Health, Kaiser Foundation Hospital-West Los Angeles and Providence St. John's Health Center to conduct the interviews. Interviewees included individuals who are leaders and representatives of medically underserved, low-income, and minority populations, or local health or other departments or agencies that have "current data or other information relevant to the health needs of the community served by the hospital facility." Input was also obtained from Los Angeles County Department of Public Health officials.

Identification and Prioritization of Significant Health Needs

Significant health needs were identified through a review of the secondary health data collected and analyzed prior to the interviews. These data were then used to help guide the interviews. The needs assessment interviews were structured to obtain greater depth and richness of information, build on the secondary data review, and prioritize needs. The interviews focused on these significant health needs:

Access to care	HIV/AIDS
Asthma	Homelessness/housing
Cancer	Mental health
Community safety	Overweight and obesity
Dental care	Preventive practices
Type 2 diabetes	Substance abuse
Heart disease	

Interviews with community stakeholders were used to prioritize the significant health needs, using the following criteria and a 1-5 ranking methodology:

- The perceived severity of a health issue or health factor/driver as it affects the health and lives of those in the community;
- The level of importance the hospital should place on addressing the issue.

Calculations totaling severity and importance scores from the community stakeholder interviews resulted in the following prioritization of the significant health needs:

Significant Health Needs	Priority Ranking (Total Possible Score of 5)
Access to care	4.5
Substance abuse	4.2
Mental health	4.2
Type 2 diabetes	4.2
Preventive practices	4.2
Overweight/obesity	4.1
Heart disease	4.1
Homelessness	4.0
Cancer	3.9
Dental care	3.6
Community safety	3.5
HIV/AIDS	3.5
Asthma	3.2

Health Focus Areas

Cedars-Sinai chose health focus areas, taking into account the capacity to impact community needs, the strength of community partnerships organizations and the match with Cedars-Sinai's organizational strategic planning efforts.

Access to Care:

Selected Community Benefit efforts focus on increasing and supporting access to essential health care services for the underserved through direct programs and partnerships with local community-based organizations. Programs, partnerships and strategies address the following access-to-care priority health needs:

- Primary care
- Specialty care
- Mental health
- Preventive care

Chronic Disease:

Community Benefit efforts focus on the prevention of chronic health conditions and their underlying risk factors. Programs, partnerships and strategies address the following priority health needs related to chronic disease:

- Cancer
- Cardiovascular disease
- Type 2 diabetes
- Overweight and obesity: healthy food choices and physical activity
- Preventive care

V. MEETING THE NEEDS OF THE COMMUNITY

Cedars-Sinai's wide-ranging efforts to improve the community's health reflect a great deal of study and planning to determine how we can most effectively translate our commitment into action that will ensure a healthier future for those in greatest need. As part of the \$ 797,942,000 Community Benefit contribution, Cedars-Sinai engages in a variety of approaches ranging from investing in capacity building in vulnerable communities to large scale provision of needed services.

The programs outlined below are highlights of Cedars-Sinai's Directed Community Benefit Initiatives, which are strategic investments implemented to meet specific community needs.

DIRECTED COMMUNITY BENEFIT PROGRAMS

1. Healthy Habits

Cedars-Sinai's Healthy Habits programs help children and families learn about healthy eating and physical activity with a wide range of education, capacity building and technical assistance. Healthy Habits programs are led by trained health educators, reaching elementary school students, parents of preschool children, and families in underserved communities.

Healthy Habits Accomplishments - Fiscal Year 2017:

- Taught 1,359 lessons/workshops for a total 26,925 participant encounters in 20 schools.
- Reached 3,563 elementary students through Healthy Habits programs in schools.
- Reached over 500 parents from schools, preschools and the through Healthy Habits parent workshops and "Exercise in the Park" programs.
- Coordinated whole-school events with a health focus:
 - Fit Heart Events (Three Schools: Shenandoah, Virginia Road, and 6th Avenue)
 - After school health involvement events with the L.A. Rams (One School: Cienega) and with the L.A. Clippers (Two Schools: Carson-Gore and Mid-City)
 - Science Fairs (Two Schools: Arlington Heights and Mid-City)
 - Morning Laps Trophies for every classroom (One School: Crescent Heights)
- Participated in school events to continue health education for students and their families:
 - Thanksgiving Healthy Lunch, Walkathon, Nutrition Fair (Marvin Elementary)
 - Jump Rope for Heart (Saturn Elementary)
 - Sugar Board projects for 3rd Grade (Alta Loma Elementary)
 - Fall Festival (Arlington Heights Elementary)
 - Harvest Festival (Crescent Heights Elementary)
 - Halloween Spookfest (St. Paul)
 - Career Day (Wilshire Crest Elementary)
 - GoNoodle Celebrations for students and teachers (Shenandoah Elementary)

Healthy Habits Measurable Impacts – Fiscal Year 2017:

- 84% of elementary students are active for at least 30 minutes every day
- 91% of elementary students eat at least one serving of fruit every day
- 78% of elementary students eat at least one serving of vegetables every day
- 74% of elementary families do physical activity together as a family
- 81% of elementary students made a healthy snack
- 74% of elementary students showed their parents how to read a nutrition facts label

Healthy Habits Highlights for Fiscal Year 2018:

- Implementing revised 6-unit curriculum for third and fourth grade students.
- Launching redesigned and branded educational materials for elementary programs.
- Hosting or sponsoring school-wide events to foster a culture of health in partner schools, including Fit Heart, Let's Jump!, walk-a-thons and other school fundraisers.
- Implementing enhanced evaluation plan and tools that focus on behavioral changes in students over the course of their three-year participation (grades 2-4) in Healthy Habits.

2. Community Health and Education

Cedars-Sinai is committed to improving the number of quality life years for adults and seniors in our community. The provision of health promotion, prevention, education, and screening services has been proven, according to the Center for Disease Control, to improve quality life years. In Fiscal Year 2017, we provided a total of more than 17,000 participant encounters in adult-focused community benefit programs, such as screenings, educational and self-help programs, health fairs, immunization clinics and exercise programs. The extensive programs, provided by Cedars-Sinai's registered nurses and other healthcare professionals, occur in underserved communities, churches, synagogues as well as at the Medical Center main campus.

Community Health and Education Accomplishments - Fiscal Year 2017

Development, implementation, and coordination of:

- Cardiovascular disease, type 2 diabetes, hypertension and related preventative programs and services
- Influenza and pneumococcal immunization programs
- Health promotion and prevention programs for seniors
- Health information handouts for seniors
- Physical exercise programs for seniors
- Outreaching/Networking

PROGRAMS	FY 2016 participant encounters
Health Education Lectures	693
Health Screenings: Diabetes, Cholesterol, Blood Pressure Screening	618
Health Fairs	6,984
Seasonal Flu Immunization	980
Exercise Program	8,366
Total	17,641

Additionally, Community Health and Education programs engaged in a comprehensive Phase I evaluation, yielding the following conclusions:

Cedars-Sinai's Community Health and Education programs:

- Reach thousands of underserved Los Angeles County residents in the Community Benefit Service area.
- Provide health education and prevention services to promote increased awareness of health and healthy behaviors.
- Receive high satisfaction marks, are well-received and are perceived to be of excellent quality by the participants.
- Reach out to the community to empower vulnerable adults to live healthy lives.

Community Health and Education Programs are responsive to community needs; and help increase access and reduce barriers to accessing health services for many at-risk and vulnerable residents of the Community Benefit service area.

Cedars-Sinai has a unique opportunity to not only share the stories of what its Community Health and Education programs accomplish, but to more rigorously evaluate and disseminate the impact of its programs to increase the capacity of individuals and organizations to improve health.

Community Health and Education Highlights - Fiscal Year 2018

- All adult programs will continue in Fiscal Year 2018
- Community Health and Education will embark on building and implementing infrastructure to collect, evaluate and disseminate impact of programs
- Expand monthly blood pressure and type 2 diabetes screening and education in local senior centers and local churches
- In collaboration with the Cedars-Sinai Comprehensive Cancer Center, expand community-based cancer education and screening programs for the prevention and early detection of various cancers on underserved populations.

3. COACH for Kids® Community Outreach Assistance for Children's Health (COACH)

Cedars-Sinai operates two state-of-the-art mobile medical clinics staffed by an expert team of bilingual English/Spanish nurse practitioners, registered nurses, social workers, dental hygienist, and other healthcare professionals from Cedars-Sinai Medical Center. COACH preventive services include well-child and immunization clinics for children, dental screenings and fluoride varnish for children and adults, BMI/BP screening clinics for adults, nutrition and fitness education, and linkages to health homes.

COACH serves communities in Downtown/Skid Row, Pico-Union/Central Los Angeles, South Los Angeles, Watts, Compton, Inglewood, Crenshaw/Mid-City, and Hollywood/West Hollywood. Healthcare services are provided at Head-Start Centers, elementary, middle, and high schools, community-based agencies, family homeless shelters and public housing developments.

COACH collaborates with more than 200 public and private community organizations, including the Los Angeles Unified School District, Children's Institute Inc., Inglewood Unified School District, the Housing Authority of the City of Los Angeles (HACLA), South Los Angeles Health

Projects WIC, Public Health Foundation Enterprises WIC, and Upward Bound House Shelters. Current supporters of COACH include the Children's Health Fund.

COACH Accomplishments and Highlights - Fiscal Year 2017:

Services	Encounters
Medical Visits	4,229
Case Management Visits	981
Dental Visits	660
Mental Health Visits	1,511
Health Education Visits	13,133
Nutrition Visits	4616
Total FY 2017	25,130

- Expanded the Neighborhood Health Project, providing monthly BMI/BP screenings for parents, grandparents and caretakers at Jordan Downs Housing Development, and collaborating with other community partners, including Watts Healthcare Foundation, to provide adult immunizations services and dental screenings.
- Provided health screenings and education at housing developments in the Watts neighborhood: Imperial Courts, Gonzague, Avalon Gardens, and Nickerson Gardens.
- Awarded grant from UCLA Center for Health Policy Research for Healthy Aging Partnerships in Prevention Initiative (HAPPI) to implement education and screening services for six Clinical Preventive Services (CPS) for low-income African American and Latino adults age 50 plus. The target six CPS were:
 - Colorectal Cancer Screening
 - Breast Cancer Screening
 - Cervical Cancer Screening
 - Cholesterol Screening
 - Influenza Immunization
 - Pneumococcal Immunization
- Provided medical supplies, consultation and technical support for 32 churches participating in the First Ladies Health Initiative. Developed Health Data Collection Form for use by all event health providers.
- Coordinated Cedars-Sinai's registered nurses to provide health screenings in underserved communities for children and their parents.
- Continued to provide comprehensive nutrition assessments, counseling and monitoring for overweight and obese children on the mobile medical units.
- Launched the COACH 2017 Safe Summer Campaign, which included education for children and families regarding sun protection, water/pool safety, and swimming for health.
- Expanded HPV Vaccine education intervention and follow-up processes to improve vaccine uptake for 1st and 2nd doses in pre-adolescent/adolescent children.
- Established new - and strengthened existing - partnerships with Federally Qualified Health Centers: Eisner Clinic, Saban Clinic, THE Clinic, Watts Healthcare Foundation, Central City Clinic, South-Central Family Health Center, R.O.A.D.S. Clinic, UMMA Clinic, and South-Central Regional Center. Partnered to establish a rotation of promotoras and clinic outreach coordinators to improve COACH patients' connections to primary care medical homes within their communities.
- Developed new COACH guidelines for obtaining Cedars-Sinai Release of Information at time of COACH visit to better facilitate referral management.

COACH Highlights for Fiscal Year 2018

- Continue expansion of neighborhood health services for parent, grandparents, and caregivers at Watts and South Los Angeles housing developments.
- Fully launch Project Connect to facilitate referral management and improve COACH patients' connections to primary care medical homes can specialty care within their communities.

4. Share and Care

Since 1981, Cedars-Sinai's school-based mental health programs help victims of trauma, filling crucial needs for prevention, intervention crisis intervention, and training that would otherwise be unmet. Programs and trainings - for children, teachers, parents and school principals - run by licensed mental health practitioners, enhance an at-risk child's ability to learn in the classroom, change destructive behaviors and envision a brighter and happier future. Share and Care counselors facilitate 12-week group art-therapy curricula that provide a therapeutic environment to improve students' ability to concentrate on their lessons. Therapy groups focus on trauma, loss and grief, self-esteem, bullying, socialization, anger management, divorce, shyness, students with an incarcerated parent and substance abuse.

Share and Care Accomplishments – Fiscal Year 2017:

- Share and Care programs counted 29,437 total encounters with provided with children, teachers and parents.
- 71 interventions were provided in classrooms totaling 1,288 encounters (20 Elementary Schools, 6 Middle Schools and 2 High Schools).
- 950 students were seen in the 28 schools through 3,645 children's group therapy sessions were provided, with a total of 15,419 encounters.
- 85 parent workshops were conducted with a total of 3,692 encounters.
- Presented Share and Care Programs Tools at the Expressive Therapies L.A. Summit, the Los Angeles Unified School District/District West Pupil Services Support Staff Professional Development Meeting and at the Violence Prevention Conference.
- Conducted four Share and Care Principals' Meetings focused on building administrative staff capacity to cope with student behaviors related to trauma.
- Conducted Random Acts of Kindness projects at each of our 28 schools with students, teachers and parents.
- Implemented scan-tron data collection. Input all data into SPSS from the 2016-2017 school year.
- Conducted Share and Care site visit with Councilmember Koretz at Melrose Elementary School.
- Provided news interviews related to the Share and Care Program on violence in our communities for KNX-AM, KCAL, the LA Times, the Jewish Journal and Yahoo! News.

Sample of Share and Care Measurable Impacts – Fiscal Year 2017

- 72% of parents saw an improvement in their child's self-esteem
- 71% of teachers saw an improvement in their students' self-esteem
- 88% of students demonstrated an improvement in their classroom behavior

Share and Care Highlights – Fiscal Year 2018:

- In November, 2017 will hold conference for school personnel entitled: Building Character: Empathy, Compassion and Kindness.
- Planning the site visits for elected and other government officials from Los Angeles City Council and Los Angeles Unified School District Board, as well as the school district's superintendent.
- Develop and present parent education workshops for schools currently not receiving parent trainings.

5. Youth Employment and Development (YED) Health Careers Academy

In partnership with the Los Angeles Unified School District and the Regional Occupational Program, the YED Health Careers Academy includes school-based and work-site learning and mentoring. 50 students are exposed to a variety of health care careers. The Health Careers Academy is a two-year program which starts in 11th grade year with participants earning five elective credits each semester towards graduation. A variety of departments at Cedars-Sinai provide students with an opportunity to apply what they learn in the classroom at the work-site while being exposed to careers.

YED Accomplishments – Fiscal Year 2017:

- Throughout the year, over 60 YED students including YED Alumni assisted with registration, interpretation and other duties for community health fairs and programs.
- 50 students presented year-end projects that highlight careers of interest to Cedars-Sinai department heads, staff, parents and school district officials at the YED Showcase open house. In addition, student worked in teams to produce Public Service Announcements (PSA) with topics that included: Safety, Signs of Stroke, Heart Attack Prevention, HPV Immunization, Meningitis, Animal Research and Organ Donation.
- Cedars-Sinai participated in the Los Angeles Chamber of Commerce's annual Cash for College Career Convention, which encourages students to complete financial aid and Cal Grant forms necessary to receive financial aid assistance to pursue their college endeavors.
- Presented the YED Health Careers Academy program model and evaluated outcomes to various organizations including the Los Angeles Chamber of Commerce, the California Hospital Association and the California Health Professions Consortium.
- Created a Student Advisory Board for Health Careers Academy and Alumni Programs to help facilitate activities and provide valuable input on respective programs.
- Participated on the California Hospital Association Task Force on Pipeline Programs resulting in a booklet published for its members: "A Roadmap for Creating a Health Care Worked-Based Learning Program.
- Implemented new mentoring program standards.
- Partnered with Fairfax High School on two career days in April held at the high school.
- Partnered with the City of Los Angeles and the Los Angeles Chamber of Commerce for the 10th year with a commitment to hire 30 students for summer employment from the HIRE L.A. Youth program, providing students an opportunity for exposure to careers in health care.

YED Highlights for Fiscal Year 2018:

- Build professional development workshops into the YED alumni program.
- Introduce structured peer mentoring program for incoming students which will involve Alumni Students mentoring seniors on the college experience such as applications, personal statements, etc.
- Launch internet page that will provide information for students and supervisors that will keep them informed on program information.

6. Community Grants – Fiscal Year 2017

Cedars-Sinai Community Clinic Initiative: Strengthening L.A.’s Safety Net, now in its second year of funding, focuses on bolstering leadership and effectiveness in the safety net. Reaching the majority of clinics in Cedars-Sinai’s Community Benefit service area, Cedars-Sinai has funded yearlong capacity-building programs focusing on quality, leadership, and financial sustainability. For this second year of Community Clinic Initiative grant-making, Cedars-Sinai added funding for clinics to participate in a program on safety net analytics led by the Center for Care Innovations. Thirty-one clinics (or over 89% of those eligible) participated in one or more capacity-building programs. Clinics in this region serve over 750,000 low-income individuals each year. Additional Cedars-Sinai Community Clinic Initiative grants included:

- Grants to renew and grow programming in quality improvement, financial acumen, and data quality
- Clinical quality improvement grants totaling \$628,000 to 13 clinics for projects targeting chronic disease prevention or management, including: improving diabetes management, increasing controlled blood pressure, and increasing screening rates for colorectal cancer

Community Mental Health Grants—focused on supporting direct mental health services. The Community Mental Health Grant program awarded \$672,000 to 13 organizations located in underserved areas of Los Angeles. Since its inception in 2012, the program has increased access to behavioral health care by issuing grants to organizations providing direct services to vulnerable community members. Program funds are used to treat adults, children and families who are uninsured and underinsured.

Institutional Grants— Each year, Cedars-Sinai supports local, regional, and national partners whose missions closely align with Cedars-Sinai’s priorities. For the fourth consecutive year, Cedars-Sinai funded the March of Dimes “Becoming a Mom/Comenzando Bien” prenatal education program. Additionally, grants were made to Step Up on Second’s Multidisciplinary Integrated Team to provide street-based mental health and first aid for individuals experiencing homelessness, as well as to United Way’s Home for Good regional effort to help end chronic and veteran homelessness in Los Angeles.

VI. COMMUNITY BENEFIT INVENTORY OF SOCIAL ACCOUNTABILITY (CBISA)

Fiscal Year 2017: July 1, 2016 – June 30, 2017	Encounters	Programs/ Activities
DIRECTED COMMUNITY BENEFIT PROGRAMS		
C.O.A.C.H. for Kids and Their Families (Mobile Medical Units)	25,130	841
Community Health and Education for Adults and Older Adults: Clinical Screenings, Health Lectures, Fall Prevention, Center Strutters	28,564	206
Healthy Habits (School Based Obesity Prevention)	5,122	1046
Share and Care (School Based Mental Health)	29,382	308
SAFETY NET CLINICS		
Cedars-Sinai's Ambulatory Care Clinic (Primary Adult Care Clinic)	4,983	12
KHEIR Clinic	874	120
Los Angeles Christian Health Center	281	160
Saban Community Clinic	5,584	216
Venice Family Clinic	2,691	216
DISEASE/CONDITION SPECIFIC SUPPORT GROUPS		
Big Voices – Voice Rehabilitation Support Group	23	7
Minimally Invasive & Weight Loss Surgery Center – Support Services	771	207
Type 2 Diabetes Support Group	86	8
Good Beginnings Parent NICU Support Group	884	4
Mechanical Circulatory Device Support Group	14	3
Multi-Organ Transplant Relaxation and Support Group	35	17
Neuroendocrine Tumor Support Group	95	3
Rehabilitation Support Group Services (Aphasia, Rehab, Etc.)	110	33
Yes I Can Support Group	46	9
CANCER SERVICES		
Cancer Survivorship Services	40	6
Kidney Cancer Support Group	38	3
QiGong Program – Physical Fitness/Cancer Survivorship	452	51
Sarcoma Cancer Support Group	16	7
Yoga – Restorative and Strengthening Support Group	2249	358
EDUCATION		
Breast Health Lecture	135	2
Emerging Innovators (New FY 16 Program)	200	3
Jewish Expectant Parents Education	77	5
Hospital and Morgue Education Program (Education to reduce hazardous driving incidents)	512	16
Nutrition Lectures – Food and Nutrition Dept.	827	7
Prenatal Education	5,020	12
Surgery Department Community Education	800	1
SERVICES ON BEHALF OF PATIENTS		
<ul style="list-style-type: none"> Case Management (Expenses on behalf of economically needed patients, like transportation, meals, and post discharge linkages) Enrollment Assistance (Ensuring that patients have access to government-sponsored health insurance coverage) 	Accounting of services are folded into extensive community benefit financial reporting	

Fiscal Year 2017: July 1, 2016 – June 30, 2017	Encounters	Programs/ Activities
Community Health Education Seminars, Conferences, Events	508	2
Yom Ha'shoah – Holocaust Remembrance Day	250	1
Disaster Preparedness Program (Room Usage for L.A. County Personnel Training, no persons served data available)	--	1
Food Donations & Nutrition Lectures (No persons served data available)	19	20
Meals on Wheels	14,053	12
Recovery Groups Conference Services Costs	3,600	386
TeenLine (Suicide prevention hotline)	21,497	489
Affiliate Nursing and Allied Health Program	689	1
Continuing Medical Education	4,527	12
Dietician and Technician Internship Program	205	1
Minimally Invasive Surgery Fellowship and Psych Internship Programs	34	24
Paramedic Internship Program	85	6
Pathology Internship Programs	163	21
PhD BioMedical Sciences and Translational Medicine Education Program	159	2
Rehabilitation Internship Program	45	1
Medical Student Rotations/Academic Affairs	758	47
Respiratory Care Services Internship Program	339	5
Social Work Field Placement Internship Program (New FY 16 Program)	2880	11
Spiritual Care Services Internships & CPE Program	1903	24
Community Building Education Seminars, Classes, Conferences & Events	1260	3
Educational Internships – Other (Medical Library Interns – Career Dev)	26	1
L.A. Pediatric Society: Eve & Gene Black Medical Summer Program	2	1
Regenerative Medicine Institute Internship for Teens	140	3
Volunteer Services – Cedars-Sinai Pre-Healthcare Volunteer Program	105	19
Youth Employment Development	683	79
Womens Guild Simulation Center – Student Tours	911	1
Totals	182,518	5065

VII. COMMUNITY BENEFIT CONTRIBUTION FY 2017

Unreimbursed Cost of Direct Medical Care for the Poor and Underserved (Excludes the unreimbursed cost of caring for Medicare patients)	\$ 111,981,000						
Charity care and uncompensated care for the uninsured	\$35,999,000						
Unreimbursed cost: caring for Medi-Cal patients	\$75,982,000						
Unreimbursed Cost of Direct Medical Care for Medicare Patients	\$ 378,679,000						
Unreimbursed Cost to Care for Patients Under Specialty Government Programs	\$ 1,148,000						
Community Benefit Programs, Charitable Donations, and Education and Training for Physicians and Other Health Professionals (Includes hundreds of free community education and medical screening/immunization programs offered at the Medical Center, in local schools, homeless shelters and community centers)	\$ 108,634,000						
Research Programs	\$ 197,500,000						
<table border="1"> <tr> <td>Total Cost of Research</td><td>\$197,500,000</td></tr> <tr> <td>Less: Research funding from grants</td><td><\$125,432,000></td></tr> <tr> <td></td><td>\$ 72,068,000</td></tr> </table>		Total Cost of Research	\$197,500,000	Less: Research funding from grants	<\$125,432,000>		\$ 72,068,000
Total Cost of Research	\$197,500,000						
Less: Research funding from grants	<\$125,432,000>						
	\$ 72,068,000						
Total quantifiable community benefits	\$ 797,942,000						

Cedars-Sinai Medical Center is driven by its mission to improve the health status of the community and to provide leadership and excellence in patient care, research and education. In collaboration with expert medical staff, administrative leaders and community partners, Cedars-Sinai has made a significant contribution—both in quantifiable and non-quantifiable terms—to the benefit of the community. Cedars-Sinai provides a breadth of services to meet identified health needs in the community. Many Cedars-Sinai programs are operated at a financial loss, but continue to be offered because they are an important part of the medical center's mission to serve the community's health needs.

Unreimbursed Cost of Direct Medical Care for the Poor and Underserved – includes the unreimbursed cost of free and discounted healthcare services provided to persons who meet the organization's criteria for financial assistance and are therefore, deemed unable to pay for all or a portion of the services. If there is any subsidy donated for these services, that amount is deducted from the gross amount. Traditional Charity Care is included in the Internal Revenue Service (IRS) Form 990 Schedule H Part I Line 7a.

Unpaid Cost of State Programs – also benefits the indigent, but is listed separately. This amount represents the unpaid cost of services provided to patients in the Medi-Cal program and enrolled in HMO and PPO plans under contract with the Medi-Cal program. These costs are included in the IRS Form 990 Schedule H Part I Line 7b. In the State of California the Medicaid program is called Medi-Cal.

Unreimbursed Costs of Specialty Government Programs – also provides community benefit under such programs as the Veterans Administration, Los Angeles Police Department, Los Angeles County Trauma, and other programs to benefit the indigent. This amount represents the unpaid cost of services provided to patients in these various means-tested programs. If this community benefit was not provided, the federal, state or local governments would need to furnish these services. These costs are included in the IRS Form 990 Schedule H Part I Line 7c.

Unreimbursed Cost of Direct Medical Care for Medicare Patients - primarily benefits the elderly. This amount represents the unpaid cost of services provided to patients in the Medicare program and enrolled in HMO and PPO plans under contract with the Medicare program. Included in these amounts are \$30,889,000 and \$32,542,000 for the years ended June 30, 2017 and 2016 respectively, of unpaid costs of services provided to patients in the Medicare program that are also eligible for the Medi-Cal program (dual eligible beneficiaries). Approximately 28% of all Medicare patients served by Cedars-Sinai are dual eligible. This is significant in that these patients tend to be more costly than non-dual eligible patients due to the corollary socio-economic challenges they face. These patients often require more frequent care and more costly care when compared to traditional Medicare only patients. These costs are included in the IRS Form 990 Schedule H Part III Section B.

Community Benefit Programs, as well as Education and Training for Physicians and Other Health Professionals – cost of services that are beneficial to the broader community. This category includes unreimbursed costs of Health Professions Education, Community Health Improvement, Community Benefit Operations, and Cash and In-Kind Donations. These costs are included in the IRS Form 990 Schedule H Part I Lines 7 e, f, and i. Below are some examples of costs included in this category of the Community Benefit contribution:

Health Professions Education

As an academic medical center, Cedars-Sinai offers graduate medical education and many other education programs for a variety of health professionals. They include offering graduate education training programs in over 70 physician specialty and subspecialty areas; and other health professions education programs including degree programs and extensive educational resources for aspiring and current nurses, dietitians, psychologists, paramedics, pathologists, researchers, rehabilitation professionals and chaplains.

Community Health Improvement

- Clinical services are provided to underserved communities daily, through an on-site primary adult care clinic; and through mobile medical units and free and community clinics throughout Los Angeles – all serving underserved, uninsured and underinsured populations.
- Each year, Cedars-Sinai takes part in community-based activities including health fairs, exercise programs, and screening programs for conditions such as cardiovascular disease, depression, diabetes and hypertension, as well immunization programs, lectures and workshops. Also offered are disease-specific support groups, patient education programs and program affiliates.
- Cedars-Sinai plans and implements long-term comprehensive strategies to meet the health needs of underserved communities. Signature Community Benefit programs seek to improve health in communities by building strong partnerships, building community capacities and providing direct education.

Research Programs - to develop new treatments and diagnostic techniques that benefit patients at Cedars-Sinai as well as patients throughout the nation and the world. Cedars-Sinai's currently has more than 1,500 research projects and has made significant contributions to the development of new medical technology, medical knowledge and practice. Cedars-Sinai ranks among the nation's top 15 independent hospitals in National Institutes of Health (NIH) research funding - Cedars-Sinai received over \$125 million in research funding this year. These costs are included in the IRS Form 990 Schedule H Part I Line 7h.



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